

98 THINGS TO DO

With a Person Who Has Alzheimer's Disease

1. Clip coupons
2. Sort poker chips
3. Count tickets
4. Rake Leaves
5. Vacuum
6. Look up names in a phone book
7. Bake cookies
8. Read daily paper out loud
9. Read a relative's letter out loud
10. Listen to relaxing or favorite music
11. Plant seeds
12. Look at family photos
13. Toss a ball
14. Color pictures
15. Make fresh lemonade
16. Wipe off the table
17. Weed the flower bed
18. Make Cream Cheese Mints.
 2 lbs. Powdered Sugar
 8 oz Cream Cheese
 2 drops Peppermint Extract
 Knead together, press into shapes,
19. Have a spelling bee
20. Read from the Readers Digest
21. Fold Clothes
22. Cut pictures from old greeting cards
23. Wash silverware
24. Bake homemade bread
25. Sort objects such as beads by color
26. Sing Christmas carols
27. Say, "Tell me more," when they start talking about a memory
28. Put silverware away
29. Make a Valentine collage
30. Sing favorite songs together
31. Take a ride
32. Make a cherry pie
33. Read a favorite story or poem aloud
34. Dye Easter eggs
35. Sort a basket of socks
36. Take a walk
37. Reminisce about the first day of school
38. String Cheerios to hang outside for the birds
39. Make a fresh fruit salad
40. Sweep the patio
41. Color paper shamrocks green
42. Roll up coins
43. Have afternoon tea
44. Remember great inventions
45. Play Pictionary or a favorite game
46. Paint a sheet
47. Cut out paper dolls
48. Identify states and capitols
49. Make a family tree poster
50. Color a picture of the American flag
51. Cook hot dogs outside
52. Grow magic rocks
53. Water house plants
54. Play horse shoes
55. Dance
56. Sing favorite hymns
57. Make homemade Ice cream
58. Force bulbs for winter blooming
59. Make Christmas, cards
60. Sort playing cards by suit or color
61. Write a letter to a family member
62. Dress in team colors for football Sunday or Monday
63. Pop popcorn
64. Name the Presidents
65. Give a manicure or pedicure
66. Make paper butterflies
67. Plant a tree
68. Make a May basket
69. Make homemade applesauce
70. Finish famous sayings
71. Feed the ducks
72. Mold with play dough
73. Look at pictures in National Geographic
74. Put a simple puzzle together
75. Sand wood
76. Rub in hand lotion with a pleasant scent
77. Decorate paper placemats
78. Arrange fresh flowers
79. Remember famous people
80. Straighten underwear drawers
81. Finish nursery rhymes
82. Wipe off Patio furniture
83. Make peanut butter sandwiches
84. Cut up paper for scratch pads
85. Take care of a fish tank
86. Trace and cut out leaves
87. Ask simple trivia questions
88. Finish Bible quotations
89. Paint with string
90. Cut out magazine pictures
91. Read classic short stories
92. Put coins in a jar
93. Sew sewing cards
94. Put bird feed out for the birds
95. Clean out a pumpkin
96. Roll yam into a ball
97. Reminisce about a favorite summer or vacation
98. Make a birthday cake

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